

TREADMILLS CAN INJURE YOUR CHILD

“I couldn't see she was behind me ... I didn't know her hand could get caught and injured...”



DO YOU KNOW

Treadmills can damage your child's hands



Guards should be fitted to protect hands from getting caught

- Keep treadmills in a separate room

- Only use your treadmill when children are not around

- Never allow young children to play on treadmills

Make sure the guards keep little fingers out



Always use the safety key and keep it out of reach of children